NEWSLETTER

Catholic Parishes of Bulimba • Buranda • East Brisbane • Kangaroo Point

Seventeenth Sunday in Ordinary Time

27 July 2025 (Year C)

◆ FR PETER DILLON Administrator, Kangaroo Point East Brisbane and Buranda ◆ FR KEVIN SMITH Parish Priest, Bulimba

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St Joseph's Church
26-36 Leopard Street
Kangaroo Point QLD 4169

St Benedict's Church
81 Mowbray Terrace
East Brisbane QLD 4169

We acknowledge the traditional owners and custodians, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationships of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of reconciliation.

God Knows You're Stressed

Let nothing upset you, let nothing affright you, everything is changing:
God alone is changeless. Patience attains the goal.
Who has God lacks nothing. . . . . St. Theresa of Avila

Now that we are halfway through the year, I thought it might be worthwhile to be forewarned about getting into the rut of pressure and anxiety that seems to grip us about this time. What is this feeling that seems to get heavier as the year and its expectations unfold?

It used to be that we diagnosed ourselves as being exhausted, fatigued, angry or anxious. We now know that these are symptoms of what is known as "stress". While stress does not always cause illness, it is related to an enormous number of physical conditions that may be controlled, if only we can work out how to deal with stress. The difficulty is that the more stressed we get the less energy we have to name it and then deal with it.

It is part of daily life and can be caused by things as simple as a missed bus or a broken glass or more significant events like the loss of a job or loved one. In most cases, stress is situational and may require outside help or support. But the good news is it can be controlled and dealt with, and people who have a belief system or faith are better positioned than others to deal with stress. Even medical practitioners have acknowledged that an effective way to reduce stress in our lives is to pray. When we pray, we quieten our minds and become still, wisdom comes to offer us insight, or as a Chinese adage offers, "when the pupil is ready, the teacher will come". Prayer helps us see that there are options, and our perceptual world is broadened. Like humour, prayer relaxes us, giving our mind a chance to become aware that we always have choices. Prayer refreshes our spirits and frees us from the tensions we so often hold in our bodies.

At its roots, prayer simply means being aware of the presence of God and our response to that awareness. And old proverb reminds us: "The winds of grace are blowing perpetually; we only need to raise our sails"
We all pray differently. For some prayer is formal, for others prayer occurs spontaneously in response to the discovery of God in daily happenings. When we are scared, lonely or stressed, we pray the way that best suits our understanding of God. This kind of prayer recognises that we are not in control of the universe. No matter what the form, prayer opens us to the reality that we are part of something bigger than words can ever describe.
Prayer is not a passive behaviour, which allows us to make a request and expect that what we asked for will be done. Prayer is an active response or acknowledgement of the presence of the Spirit. It is a way of inviting a sacred friend into our life. It is that Spirit that can support and guide us through the tangled web of stress. It's worth a try and it certainly can't hurt.

Fr. Peter Dillon

Liturgy and Prayers This Week 27 July to 3 August 2025

	Bulimba	Buranda	East Brisbane	Kangaroo Point
Wednesday	7pm (Mass)			
Friday	8am (Mass + Adoration + Benediction)	9am (Mass)		
Saturday	9am (Mass) 5.30pm (Mass)		5pm (Mass)	
Sunday	8am (Mass) 5.30pm (Mass)	8am (Mass)		9am (Mass)

AROUND OUR PARISHES

BULIMBA

Prayer Requests
Please pray for our departed loved ones, especially Sr Hiro Kageyama SGS, David French, Cielo Patricia Medrano Lindarte, Elena Whale ***recently deceased and also for*** Muriel Jones, Margert Turpin, Sandra Swales, George Bracken, Paul Troja, Patricia Vieyra, Mary Hooper, Emma Moretto, Peggy Teache, Ann Toomey, Harold & Dulcie O'Connell, Robyn Illett, Bill Hanley, Patrick and Clare Dugger, Begley and Bourke families, Karen Baker, Mike West, Timmons and Lyons families, Patrick and Pat Boyle, Ross Saffioti, Saffioti and Jarrett families.
Please remember the sick in your prayers – Luigia D'Allura, Hazel Langthorne, Pete Waldron, Margaret McLaughlin, Anita Xavier, Lance Tutanoa, Roy Hogan, Catherine Kearney, Madonna Lapez (nee Cullen), Natalina Rossi, Carol Visueshwara, Rita Zoch, Patrick Larkin.

OFFICE CLOSURE—please note the office will be closed on Tuesday 29 July with Helen on leave. Please phone before visiting to check that we are open!

CATHOLIC FORMATION—MODULE TWO: UNDERSTANDING, PRAYING AND LIVING THE SCRIPTURES - join this ten-week formation course starting Monday 4 August at Holy Spirit Seminary, Banyo. Deepen your faith through Scripture. Brochures at church doors or visit www.catholicformation.au

YOUNG ADULTS DINNER—Young adults and parishioners are invited to join us for dinner after the Sunday, 27th July 5:30pm Mass. Meet outside the church then head to Sushi Train on Oxford Street, followed by dessert at Yo-Chi. All welcome!

A sense of humour is a gift from God. Laughter unites us.
My husband almost fell down the stairs and now we are in a heated debate as to whether my gasp was out of fear for his safety or excitement about a possible life insurance payout!

LITTLE STEPS SJ INITIATIVE
THIS WEEK'S ACTION

Listen and respond to the cry of the Earth, the cry of the poor and the cry of our future.

Check the source of produce. Try always to buy local and seasonal

PARISH SACRAMENTAL PROGRAM FOR 2025

SACRAMENT OF CONFIRMATION

Celebration of Confirmation—Thursday 28 August

PASCHAL CANDLES—Several large paschal candles from previous years and with sacred symbols removed can be cut and repurposed. Perhaps a Men's Shed contact could assist us. Bees wax is a great lubricant for a circular saw!

CHURCH CENTENARY—The church of Sts Peter and Paul was blessed and opened in December 1926. Next year will be **100 years** since that event and I believe it most appropriate that we acknowledge our centenary year in various ways. There will be a meeting at the Parish Hall on **Saturday, 2nd August at 10am** for those who have some ideas about how to celebrate this wonderful event. This will be a brainstorming of suggestions and ideas. If you can't make the meeting, please send your ideas to: bulimba@bne.catholic.net.au

KANGAROO POINT/EAST BRISBANE • BURANDA

Prayer Requests
We ask you to pray for the recently deceased and for those whose anniversaries occur at this time— *Caitlin Donohue, Terry Skehan.* ***Please remember the sick in your prayers*** *- Michael Mulligan, Leo Rawlings, Tony Cotter, Paul Mann.*

PARISH LUCKY NUMBER (KPEB)
Last week's winner: **JOHN WESSELL**
Any parishioners interested in being part of the Lucky Number Draw simply need to speak with Isobel at the foyer of St Benedict's Church on Saturday evening. Proceeds of the lucky number draw go to support St Vincent de Paul and other social needs in the Parish. ***GOOD LUCK!!!***

THE SACRAMENT OF CONFIRMATION at the Cathedral of St Stephen is being offered to parish families with Baptised children who are 8 years of age or older.

Parents and children attendance is required at the following sessions *to be held in the Hanly Room (next to the Cathedral) -*

Sunday 17 August at 2pm for information and resources.

Sunday 14 September at 2pm activity followed by rehearsal.

Celebration of Confirmation
Wednesday 17 September at 6.30pm

For further information please contact Gerry at the Cathedral parish office via crooksg@bne.catholic.net.au

ANOINTING MASS will be held at 9am on **Friday 1st August at St Luke's Buranda**. The Sacrament of Anointing of the Sick is the Church's sacrament for those who are sick and aging, and is a sacred moment when we pray for God's grace to strengthen someone who is suffering from any form of illness.

PARISH LADIES LUNCH—Please join us at the Pineapple Hotel on **Thursday 28 August at 11.00am** for lunch. It's a great way to catch up with friends and meet new ones. Everyone is welcome! RSVP to Catherine by 26/8 on 0438649568.

SAVE THE DATE—To acknowledge the extraordinary service of Betty and Jessie Bourke and Shirley Hallinan, **parish morning tea** will be held in **St Luke's** theatre area on **SUNDAY 10 AUGUST** following the 8.00am Mass. Be sure to mark your calendars and come along to the celebration.

SAVE THE DATE – MUSICAL AFTERNOON AT ST LUKE'S. Join us for an afternoon of beautiful music at St Luke's on **Thursday, 28th August at 2pm**, followed by a relaxed afternoon tea. This is a free event and all are welcome! To help with catering, please RSVP by **Friday, 18th August** to: **stlukes@bne.catholic.net.au**.

SAVE THE DATE – PLAYGROUND GALA FUNDRAISER St Joseph's Primary School warmly invites parents and parishioners to a special fundraising event on **Friday, 13 September**, to help raise funds for two much-needed new playgrounds. It's a chance to come together as a community and support the wellbeing and play of our students. More details will be shared soon—mark your calendar and stay tuned!

LOOKING AHEAD…

1 August	9am Anointing Mass at St Luke's
3 August	Children's Liturgy of the Word—St Joseph's
10 August	Parish Morning Tea—St Luke's
28 August	Parish Ladies Lunch
28 August	Musical Afternoon—St Luke's

HOW TO SUPPORT YOUR PARISHES

As a Catholic community, we are deeply grateful for the goodwill and generosity that sustain our mission and service to others.
Your continued support is vital to our work, helping us to live out Christ's love in Bulimba, Buranda, and Kangaroo Point/East Brisbane.
To arrange planned giving for your parish, we invite you to reach out to the parish office for more information.
Thank you for being a cherished part of our faith journey.

AROUND THE ARCHDIOCESE

A VOCATION VIEW: Jesus desires that we, like his friend Mary, would spend time in his presence. Take time regularly to be with Jesus and listen to his living world. (Luke 10:38-42) Scan the QR code to find out more or contact the vocation office on 1300 133 544 or www.vocationbrisbane.com Follow us on @vocationbrisbane

THE ORDER OF THE MASS

READINGS

◆ FIRST Reading: Genesis 18:1-10 ◆ SECOND Reading: Colossians 1:24-28 ◆ GOSPEL: Luke 10:38-42

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you, we adore you,
we glorify you, we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the holy one,
you alone are the Lord,
you alone are the most high, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen

RESPONSORIAL PSALM

Lord, on the day I called for help, you answered me.

GOSPEL ACCLAMATION

Alleluia, Alleluia!
You have received the Spirit which makes us God's children, and in that Spirit we call God our Father.
Alleluia!

APOSTLES CREED

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day, he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting, Amen.

SANCTUS

Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Bless'd is he who comes in the name of the Lord.
Hosanna in the highest.

MEMORIAL ACCLAMATION

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

FIRST READING

Genesis 18:1-10

Lord, do not be angry if I speak.

The Lord said, 'How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.'

The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, 'Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?' The Lord replied, 'If at Sodom I find fifty just men in the town, I will spare the whole place because of them.'

Abraham replied, 'I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?' 'No,' he replied, 'I will not destroy it if I find forty-five just men there.' Again Abraham said to him, 'Perhaps there will be only forty there.' 'I will not do it' he replied 'for the sake of the forty.'
Abraham said, 'I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.' 'I will not do it' he replied 'if I find thirty there.' He said, 'I am bold indeed to speak like this, but perhaps there will only be twenty there.' 'I will not destroy it' he replied 'for the sake of the twenty.' He said, 'I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.' 'I will not destroy it' he replied 'for the sake of the ten.'

SECOND READING

Colossians 2:12-14

He has made you alive with Christ for he has forgiven all our sins.

You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins.
He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

GOSPEL

Luke 11:1-13

Ask, and it will be given to you.

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray:
"Father, may your name be held holy,
your kingdom come;
give us each day our daily bread,
and forgive us our sins,
for we ourselves forgive each one who is in debt to us.
And do not put us to the test."'

He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you." I tell you, if the man does not get up and give it to him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants.

'So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. what father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

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